



APR Autumn Retreat at Holy Rood House, Thirsk

‘Walking into spirituality’

Tuesday 20th to Thursday 22nd October 2026

*‘How beautiful on the mountains are the feet of those who bring good news, who proclaim peace, who bring good tidings, who proclaim salvation’
(Isaiah 52:7)*

The APR Autumn Retreat is being led by Cameron Butland on theme of the spirituality of walking. Cameron writes: *‘In the Gospels, Jesus walks. As he walks, he meets people, he tells stories, he teaches and, in his encounters, he reveals God’s presence around him. Jesus is always on the move. The good news that is shown to us isn’t in buildings or in private study, it is in the mass gatherings of humanity, the crowded places, but also along the roadside, chatting with ordinary people, sharing their everyday concerns, their worries and fears. As we hear of those who walked with Jesus we can relate to these stories. We too can walk with Jesus in our lives. The earliest Christians were known as followers of ‘The Way’. In our age when the institutions of our churches seem irrelevant to the lives of ordinary people, perhaps we can learn again that our faith is part of a journey. We need to rediscover how to travel light and to find in the world around us and within us, the God who meets us in the everyday and ordinary’.*



This autumn residential retreat will be held at [Holy Rood House](#) in Thirsk (North Yorks) from 20th to 22nd October. The retreat will cost £360 per person (or £350 for APR members). Overnight accommodation is in single or twin rooms, many of which are en-suite; these will be allocated on a first-come first-served basis. You can apply online (and pay via Paypal) on promotingretreats.org/apr-autumn-retreat-2026/, or please email the APR Administrator on promoting.retreats@gmail.com for a Booking Form.

Cameron Butland was Spirituality Adviser for Carlisle Diocese between 2013 and 2023. He also helped to set up and lead the ecumenical Spiritual Directors course 2010-2022 in Cumbria. Cameron retired in February 2023 from stipendiary ministry and moved to Derbyshire. He is a trustee of the Association for Promoting Retreats. Cameron regularly runs retreats and is the author of several spirituality books.