

Online November Retreat
Friday 13th and Saturday 14th November
'The Way of the Pilgrim'

Jesus says, 'I am the Way, the Truth and the Life'. John 14:6

People explore pilgrimage for many reasons, some religious, some personal, and many for both motivations. In this twenty-four hour retreat we will look at what it means, to follow Jesus as the Way, the Truth, and the Life. The retreat will look at many different writers whose life of faithhas been enhanced through pilgrimage.

Cameron is leading a 24hour guided retreat online, following this theme. **The retreat begins at 6pm on Friday 13th November and ends at 5pm on Saturday 14th November.** The format of this retreat will be five brief times of silent prayer with the talks and all the resources available from Monday 9th November. **Please book your place with Cameron via email.** There is no cost for the retreat but participants are invited to make a donation according to their means. It will be good to share in this online retreat and many have used this retreat being unable to attend a retreat in person in preparation for Advent.

Online retreats have become increasingly popular due to the cost of travel and staying at retreat houses. Many people also find it difficult to take time out in their lives due to other commitments. In recent years almost half of those who have signed up to an online retreat, have listened to the talks and followed the prayers in their own time. How you may wish to join, is down to your personal circumstances. Similarly, if you know people who would value taking 24 hours 'out' of their busy lives, please do let them know about this retreat. All are welcome

Online Programme
Below is the suggested schedule,

Friday 13th November 2026
6- 6.30pm Introductions and Meditation
Dinner break
Listen to the first talk, reflect upon what is said, use the notes and keep silence.
8.30pm Closing Prayer
Long Silence
Saturday 14th November 2026
8- 8.30am Morning Prayer and Meditation
Breakfast break
Listen to the second talk, reflect upon what is said, use the notes and keep silence.
11-11.30am Mid-morning Meditation
Listen to the third talk, reflect upon what is said, use the notes and keep silence.
Lunch and afternoon silence
5.00pm Conversation, Final Meditation and Closing Prayer

'The pilgrim instinct itself lies deep within the human heart. We are naturally drawn to those places and people who reveal the goodness of God, the beauty of creation, the sacred dimensions of our lives'[1]

[1] Pilgrimage: Exploring a great spiritual practice by Edward Sellner, Wipf & Stock, Oregon, 2004 p.20